# Coda

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It is dedicated to all who are doing their best to leave the world a better place.

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# Part I

## pray tell

what you have in mind if you could choose to be some place forever what would your eternity look like would black dragonflies cross our late day walks together would Life be everywhere

would there be nests among the wilds soft winds caress its meadows mountains secret forest lakes would its riverbeds host slippery rocks in spring its orchards bloom would swallows fly the same

would paradise have high-rises cars / smartphones / airliners / yachts would we come in every size / shape / color each of us live in different ways would there be music / culture / art

would dust scatter sunlight into holographic sunsets would your world talk with you daylight know your cares would the sea remember what would happiness mean

# omega

noting that our standpoint determines what we see
feel / hear / admit
recognizing that we each choose
what we're going to think
for just a moment
putting brackets 'round the stories we tell

consider the Universe

similar in a way to yourself
with an interior / an inside / some kind of mentality
the world / others / all things / at least at the particle level
more than their physical description / mechanical cause and effect
measurement
existing with their own mind-like quality / Subjectivity
aware as would the trees invite the birds to nest

impenetrable and inviolable as your own thoughts to others

a cosmos aware of your existence / your presence a world that might also want to meet you choose to offer relationship

to be with you to Be One with you

might send invitations for reciprocal caring

through your relationships with others

in moments with Nature

in quiet contemplation

reach out in synchronicity

an invitation for engagement that can't be demanded or expected (whether to extend the offer / or to recognize and accept it) for the freedom to choose provides the ground for love to emerge and love can open the gates of paradise

but that's not the Universe our usual narratives would have us believe not the pathway we're on our world is all about objects / things / a mindless place everyone taking care of themselves — competition some exercising power over others

listening / watching / tracking

using algorithms of our preferences

metrics of our data points

in efforts to exploit and control

while our problems compound war and suffering continue unabated systems spiral out of balance with the planet inequity increases / tensions heighten a phase transition the only means of measuring the distance from where we are to where we need to be

# just the whisper

how else the bits and pieces
the evidence of experiences
inklings of the larger picture
that you keep in your jewelry box
like half forgotten dreams
refrains of literary treasures
threads of sacred texts

unless beneath the narratives a Universe woven with the Personal this hour still hope

# fragile

it took night to see itself rivers stop lakes stand still the air twist so cold only sparrows and chickadees a rare hawk soaring dared brave

before the quiet purifying murmurations could begin sparking childhood memories offering tomorrow their diamond shrouds patina trees / sculpted drifts

who would have believed the tiny dazzling dancers could enchant in streetlights close down interstates require mountain chains hold moonlight cast shadows cross the fields

# until the transition began

we had only glimmerings the story peonies tell why crickets chirp the eyes of horses see

it took us to show each other how respect / appreciation / gratitude come borderless can entangle every place and time nothing bar their advent

that they can secret us while gardening delight beneath the notes a house finch sings arrive with a friend linger over coffee / a word / glass of wine

even find us on a rainy morning in a steamy window stop and crawl rush hour / hurry wait

#### in our blood

at the depths of who we are
at the center of it all
at the heart of matter
(in the story of waves seen behaving as particles)
we find three quarks sharing the gluon particle
two up quarks and one down or two downs and one up
color changing into one another
a kind of dancing
joyous performance of being as belonging

as these quark trinities

which we've named protons and neutrons
pass and share various particles among themselves
they hook up with what we call the weak force
(which is actually 10 quadrillion times more powerful than gravity)
to form the nuclei of atoms

positively charged nuclei
attract negatively charged electrons
who swirl around them / waves in shell-like orbits
binding by electromagnetic force

atoms reiterating the cosmic desire for relationship combine / fuse with other atoms to form molecules by sharing or exchanging electrons in their outermost shells

when molecules give / energize / do for others biologist see metabolic activity — the sign of Life within cells organelles labor for the common good in bodies organs work together to stay alive

clearly the narrative that we've been telling ourselves
that eating in order to live means selfishness and greed are part of our nature
that altruism's an illusion
fear / violence / weapons normal
represents a narrative that doesn't align
with the story Nature tells about our core
the ground of being

# phase transitions

13.8 billion years ago
when quarks first began sharing energy with one another
discovering that equality could matter
they had no idea that belonging
would provide the foundation for the Universe

10 billion years later
when the long chain polymers started helping others
by giving them the needed molecular strings
so they could play their game / pass the molecules back and forth
they couldn't have realized that acting for the benefit of another
would open wide the garden gate

2.7 billion years ago
when the purple oxygen breathers and spirochetes
responded to their existential crisis
by sacrificing former identities to become the nucleated cell
they couldn't have imagined that such a radical solution to the problem
would lead to multi-organed creatures such as ourselves

nor can we
estranged from our home
locked into coercive power relationships
sexism / classism / racism / nationalism
violence / hatred / war
fully envision the world beyond the separate self identity

#### when

morning seeps through earlier days grows warm strange red tips / blue scylla / snowdrops emerge from underground earth turns intuitive

the frog chorus joins in celebrating their rain fragrant world the woods wake knee deep in green carpets misty valleys echo sandhill crane

we hear the alleluia lightning splits the sky thunder posts fair warning hearts beat faster friendships unfurl their sails the garden remembers our possibility

#### more than

children squealing with delight picnics / sunny skies / dogs playing clover fields buzzing butterflies their love music / dancing and party conversation it's going to take some soul searching micro-theatrical spontaneity happenstance met with integrity and courage escaping limitations yesterday set catalyzed by aha moments and joy

plus some serious housecleaning window washing legalese / journalism / clear explanations made public the pleasures of cooking with honesty simmered with large measures of do-gooder mindfulness art only you can do

## easy to forget

everyone needs to eat but only plants make their own food everyone else eats others

it's easy to forget those who have no voice except the wind those whose eyes we don't see those who feed us with their lives

flying over corn and wheat fields / farmlands walking grocery store aisles scanning the menu dinner in candlelight easy to forget Life's beginnings

for millions of years

Earth's first Life forms
the long chain metabolizing polymers
multiplied / complexified / evolved
continued growing / living
by gathering and assembling their nutrition
from molecules free floating all around them

but without this food supply being replenished its richness gradually diminished the needed molecules became less and less available having already combined with others engaging in living relationships playing roles in the cells of other creatures

who knows how long it took to conceive the solution or how it was communicated no doubt it was difficult the living network was facing imminent starvation

given the evolved state of the bacteria at the time they may have realized where the needed nutrition had gone yet — how could eating others be consistent

with the quarks sharing energy at the heart of matter the serving one another that signifies Life

the only answer —

perhaps theirs and now needs become our own if the taking of another's life for food includes offering oneself in turn as food for others or repaying the debt to the larger network in some equally life serving way the coherence of the Universe can be preserved

as eating and being food for others proved sustainable bacterial intermingling accelerated evolution although some things didn't change

Earth still a paradise at every level of existence subject-centered creatures want to be here / want to survive

as bacteria evolved skills for procuring food others developed strategies for survival eventually through evolution

none want to disappear or be eaten

adaptations toward optimization in fitness landscapes sharp teeth / hard shells / claws / horns / wings finding niches in ecological systems / food chains / webs

until in the oceans diatoms photosynthesize their food krill eat the diatoms fish whales seals penguins seabirds eat the krill big fish eat smaller fish

true to the cosmic desire for relationship and belonging true to the larger living network with the taking of one creature's life by another molecules surrender to digestion wholeheartedly embrace their new host

it's easy to forget how others feed us

how we pluck their seeds and fruits cut them down / pull them from the ground how we take others' lives

their milk
their off-spring
how we treat them
forgetting the sacredness
failing our role
how we're supposed to serve
in this communion

# negotiation

well, hello little chipmunk. how are you? yes. you have a very pretty tummy. and you keep yourself nice and clean. I can see that. are you hungry? okay. I'll be right back.

now where did you go? little chipmunk. little chipmunk. I've brought you some peanuts. oh! there you are.

"Did you put those nuts there for me?" yes. I brought them for you.

"And the bowl of water?" yes. the water. that's for you, too.

"Are you — are we — standing here together looking at each other?"

yes. that's right. you up on your back legs over there with your arm resting on the step and me standing over here. yes.

"And are really talking together?" yes. we're talking.

"This is unbelievable."
I know it's unbelievable.
I have to believe it, too.

"This is scary."
don't be afraid. don't worry.
I won't hurt you.
I won't even try to tame you.
I just want to be your friend.

"You want me to come in your house?" No. that's probably not a good idea. but we can be friends.

"I like to dig."
yes. I know you like to dig.
that's okay.
But please. just don't dig up my flowers.

"Can I dig over here?" yes. it's okay to dig over there. just not in my flowers.

"Over here? What about digging over here?" yes. it's okay dig there, too.

# Part II

#### the scene

ominous clouds
blue sky in retreat
winds tearing at the branches
everywhere one looks
whatever point of view
trouble

some fear their identity threatened with extinction
see demographic transformation as peril
increasing diversity as deterioration
interpret cultural change / globalization / pluralism as an attack
feminism as an assault on values
progress toward racial justice as conspiring against them

others see the desire for power and private gain corrupting democracy perverting political and judicial institutions stoking and manipulating prejudices ripping the social fabric apart contributing to international conflicts and war jeopardizing the future of life for the humans on the planet

meanwhile in the background
we're slashing the forests
overfishing the oceans
polluting the globe
temperatures are rising / ice shelves melting
higher sea levels / floods / drought / heat / fire
human population growing

embattled cities add to the international immigration crisis driven by war / crime / desperate poverty some nations engage in an informational cyber war others seeking and procuring the latest weaponry or modernizing / refining their nuclear arsenals peace nowhere in sight

if we sense where this is headed our sensibilities stagger / recoil at the admission put in whatever words you wish the pathway we've been on is no longer tenable we've reached its end we know in our hearts we can do better than this

# mirroring

striding too fast through the summer fields
minded of schoolyard fantasies
everything except the grasses / flowers / faces
on the way down to the river

i had no inkling
how the cattails should have mattered to me
how i could have mattered to them
nor thought the plight of insects / butterflies / bees
captured in my jars
empathy with grasshoppers was out of order

adventure / discovery / mastery
not the pleading faces of the frogs
the tender mouths of fish
the clouds alone a rain's significance
my world had nothing to say
it didn't speak

#### confession

it's how things were
how i found them
the voice of innocence pleads
winners celebrated / losers eliminated
make the team or get cut
prizes awarded on the basis of competition
who could beat who up
or win the un-winnable beauty contest

hierarchy was ubiquitous
the voice argues
no blinking lights / no alerts the dangers
only now and then words warning
against measuring oneself in comparison with others
anyone could see one thing said / another done

the paradigm of separation made unquestionable
the voice points out
identity emerging along lines of comparison
being better than / or at least as good as
only to morph later into dollars and cents / my car / my house
dignity for sale / respect for rent

should one not take advantage of whatever comes one's way? is it better to leave opportunity's knock unanswered?

the voice asks

what of it then
the skill of spinning facts / stretching truth
the look the other way / the little white lies / the cheating
pay the penalty if you get caught game goes on mentality
in sports / the workplace / politics / school / the world
madness not to go along
not to want to fit in / belong
no one is without some compromise

#### remorse

the meritorious character award pin prick struck just above my heart in lights almost too bright center stage the graduation ceremony

finally he got the pin back through my gown latched and locked in place now the gold medallion with its red white and blue ribbon hung from my chest

is there anything you would like to say the president of the high school whispered beneath the applause of a packed auditorium there was

i didn't deserve it and knew who did but i wasn't innocent enough to say it

#### zero tolerance

standing on a street corner / 1978 down in a canyon of the financial district having missed the light waiting there beside me
in the racks of the newspaper vending machines
full color / undressed / her legs splayed
denigration made sex
whether you'd chosen to see that or not

disturbing / certainly nothing new the gas station calendars sports illustrated swimsuit issue / playboy too late the signal

past the curb on my way again out into the crosswalk a woman approaching from the other side in an instant — objectified / unequal

then not this time my mind caught itself / shifted women friends had taught me masculinity is constructed — differently in different cultures

mine growing up
inundated by signals subtle and not
older boys' locker room talk
lunchtime with the men at the factory
the construction of what "female" means / all she is for
women reduced to body parts / the object of desire

constructed — we can de-construct it build something new from self as separate in an impersonal object world to respect / dialogue / engagement / inter-subjectivity inner beauty / shared eroticism / pleasure that can only happen with choice / participation

who i am as a man isn't fixed i can shift from objectivizing to subjectivizing thought counter the programming work never done

#### self medication

listen self we need to talk now don't go getting all upset it's just there's room for improvement take your driving for instance it's terrible not your skills and response not how you anticipate traffic not even your five miles over and you try to be courteous

but your patience you've made more than one angel blush you're not paying attention to your heart you give no slack listen self — you can do better than this you're going to have to try harder

just like you
people make mistakes
so next time someone cuts in front of you
or blocks up the left lane
how about a little understanding
being more quick to forgive

or are you forgetting it's not all about you everybody's going somewhere everyone has their destination / their own speed and you have no idea their state of mind what they may be going through

so could you please start driving like you're a friend maybe it's a desperate text / an urgent call they could be lost you could try re-thinking it

you say want a better world
everyone wants that
and it can happen
and no one has to be perfect for it to happen
no one's asking for perfection
but everyone has room for improvement

# if only

a pity
a species with such promise as our own
in whom Nature invested so much
potential for give and receive of dialogue
engagement / friendship / creation
music / dance / art / compassion
who once drank waters from living rivers
swam in crystal lakes

what can be the meaning of it all

how we treat the animals

the sea / the air / the land

the un-necessary suffering we cause one another

the brutality / the endless wars

apocalyptic weapons in the shadows

some dying scrambling for life's needs while others luxuriate

the self-interested ignorance

the global warming denials

the but you can't

no one can

why not

why stay on the path we're on

cling to the ego narrative

## only words

in the beginning

we couldn't fully realize how words came with a price

their obedience to rules of logic and abstraction

their reliance on categories

the impact of linguistic structure on our thinking

the risk involved

we reveled in words

how they could represent the world and one another to our minds

how language could house being

we started telling stories early on

creating identity / producing villages / building up civilizations

appropriating reality

forgetting to develop ever greater sensitivity and responsiveness to our jigsaw world

no one suspected what the interest on principle might be

now we know more about words

that we weave them into narratives

and with our storytelling justify everything we do

we've learned that words are signs with two sides:

the signifier side (the medium: pixels / ink / sound)

the signified side (the intended: meaning / signification)

and that it's we who keep the two sides connected

we keep words connected with what they refer to

that's important —

that there's no necessary connection

it's not just that we can tell lies / fabricate / mislead

but also that narratives can drift from what they were meant to refer to

without our being aware that it's happened

we can end up bound in chains of signifiers

removed from anything outside our words

out of touch with the Referent

#### the letter

it came from the bank
with its bright red and royal blue logo
printed on fine linen paper
addressed to stockholders
it couldn't have been more clear
profits will continue to rise
for the foreseeable future
as long as the majority of citizens
don't vote

for many it was a reassuring read people had been saying young people especially that capitalism was morally bankrupt but if the majority didn't think so...

no one embraces doing something wrong
"bad" means action that could jeopardize well-being
no one healthy chooses that
the letter was deliverance from doubt
excused from having to question

could taking as much as you can get and keeping it for yourself the race for the top of the Forbes 500 could that be contributing to our problems forging this world that no one would willingly choose to pass unto the children

besides investments were paying off personal worth growing

#### unmasked

it's not as though the world is hiding
behind our storytelling
we've eyes to see the tears undried
ears to hear the hurt unending
our minds are capable of understanding
we know what attitudes can lead to
we've learned and inherited skills with which to judge
we know when truth / goodness is being compromised

like everything else you have to think for yourself weigh your own experience against the narratives (conscious or unconscious that say it isn't so) look for the implicit bias or explicit error the distract / muddle / mislead that keeps us from our possibility the dream everyone deep down shares

belief masks
living in a Personal Universe
one in which we find ourselves in dialogue
with one another and the world

it masks the Source of our notions of the good values / purpose / goals / correctness guidance and help including the meaning in the choices we inherited from our ancestral quarks / molecules / organelles the awareness of being home

belief masks who we are
with stories of a greedy / lazy / fallen nature
narratives of separation
from somewhere belonging somewhere else
souls / spirits orphaned
on the third rock from a minor star
but only for a time
or not

it's all the same if we have no relationship
no access to information outside our imaginaries
we're resigned to everyone choosing what's right
according to individualized self interest
or that of their class / their team / their party
any point of view as good as any other
and what's resulted:

a history of wars
a globe cut painfully in two
a world sick with loneliness
politics controlled by wealth
climate trending toward chaotic
humanity in jeopardy
planet in disarray

we can't justify what's gone down
what's going on
we can only ask forgiveness
but we can justify continuing
by each of us following our personal trajectory of liberation
from the master narrative
getting free the ego idea of a separate self
the arc of justice bending
toward a new relationship with the world
toward loving one another

## entangled

quantum mechanics tells us everything's entangled every particle-wave with every other from the beginning of the Universe if separated in time and space
— still entangled

complexity theory agrees about entanglement whether a cell / an organism / a society every network is nested within other networks every part entangled with the whole

every person
relies on the success of networks making up the larger system
for food / water / energy / sanitation / healthcare
communication / transportation / information
everyone is part of a larger entanglement

the top 10% of the people
who control 85% of the world's wealth
are wholly entangled with the other 90% of the human population
(whose needs can't be met with the remaining 15% of the wealth)
inescapably entangled
if we fail at this pathway's end
chaos befalls us all

#### foreclosure

the bill collector showed up at sunset to serve notice stating what everyone already knew immeasurable damage wasted lives oceans of tears whole families of animals / plants terminated treasures destroyed / cities incinerated anguish as the world had never seen a loneliness lethal as despair war after war

it's a question of whether Earth can forgive us
the debts he said
he didn't need to re-iterate
would we be willing to pay something up front
he asked
more than a simple show of good intentions
and with no guarantee we'd see immediate results
some bills go back to the colonial period
others before that
more recent ones are mounting

## forgiveness

there's no substitute for forgiveness nothing comes near it's an all or nothing proposition yes or no / on or off / let go or cling to more easily said than done

the pain of being wronged
the heavy chain the injured carry
each link forged by loss
memory / reason
feelings thick with hurt
suffering the perpetrator can never know
only the offended can get free

the sorrow of the unfulfillable wish
to re-live something
erase
re-do a scene
linger over some detail
see things turn out differently
the remorse long afterwards
every second thought is thought in vain
except in reprieve of forgiveness

#### michael

the cars are gone now that night is over the county sheriff the flashing lights so many unmarked cars they blocked the street

they buried you today
no one can believe it
from childhood we watched you grow
we admired how your dad returned home
every day at the same time last year
to take you to school
no matter what your teenage mood

just months ago now
that summer morning
with such confidence and promise
standing in the driveway
calling back, "Yes!"
your new car / for graduation

last week
you passed us by and waved
you looked so fine
you'd dyed your hair
so grown
so still a child

# Part III

# the question

could the whole world fall in love could we think about / do for others as we think about / do for ourselves could we have the garden in our minds the garden have us in mind

not if we lived in a closed system Universe
a thing
reducible to measurement
all of it explainable mechanistically
matter without something like a mental dimension

if the world were void of personal presence / incommunicative events empty of meaning animals without feelings every plant a factory

if that were the case probably not

not if our brains were preconfigured
simply following out the instructions of encoded neurons
our every action the predictable effect of a preceding cause
if the past could dictate what the future could bring

if that were the case probably not

for love depends on freedom and in a world where everything would be determined no entry to an act of will could be possible

but that's not how we experience ourselves and the world our intuition / feeling / reasoning tell us we make choices we choose our friends our manner of dress / our pastimes the way we respond choose whatever we can engage Life in each our own individual way

we formulate opinions / entertain perspectives make judgments / retain or change our point of view we care about where we are

where we're from / where going / what doing we decide what's important we care about one another also self-evident
none of us appreciates being told what to think
what to do — unless we agree to the arrangement
how to do something — unless we ask
we're repulsed by the idea of someone programming us for their use

or inserting a chip beneath our skin so that they can control us

already by two years old we're making choices
 ('Going to wear that tutu again today.')
we don't go along with being treated unfairly
by our teens we're making our own plans
 weaving our vision of the world into our rooms
resisting being categorized / boxed / labeled / dissed
regularly escaping the prison of expectation

as we mature we begin taking responsibility
for what we're going to believe
developing skills of risk assessment
becoming aware of authentic vs. compromised pathways
we learn new dimensions of beauty / spontaneity / self-determination
artists earn our admiration

partly due to our freedom
it's not always easy for us to get along
we don't like being told what we don't want to hear
we don't like being told that we could be wrong
we don't always approach problems in the same way
we can have different desires / interests / plans
even when people are in love
start living together / or have lived together many years
partners can be difficult

yet we also know how wonderful relationships can be the worlds love can open / memories create together moments sharing joy moments bearing sorrow we can want never to be without each other even if we sometimes want to be alone we're known to work things out risk our lives for each other freedom is the essence of our being

freedom makes self-reflection possible
we're free to introspect
able to talk to ourselves
audit the stories we're telling
ask how our actions are aligning with ideals / goals / best intentions
gather how we're harmonizing with lessons learned and learning
we're able to make adjustments / update information
enact new narratives

if we grant that freedom might appear in diverse ways throughout the Universe then the quarks sharing energy at the heart of matter

the helping others of the long chain polymers opening Life's gate the services performed by the organelles within each cell the cooperation among the organs that make us up represent choices / choices made / choices and values inherited information that tells us who we are

our actual biological physical being is perhaps more about choosing to serve one another than take and get-for-yourself

rather than losing ourselves in acts of love it's in love that we come closest to finding ourselves in answer to the question then — could we create a world of love is the dream possible

we might even add for such a dream to exist suggests odds are in its favor

#### the stars

yes

tell us again heaven
about this spill of stars
this milky way galaxy from which we've come
this solar system our cradle
womb our Mother Earth

again the cosmic wonder our world hosts
the dimensions we're entangled
how the moon and planets drifting through the firmament
wake the sea
pattern the waves breaking on the shore
helped shape the pathways
Earth's sacred water and stardust took

how wandering the signs they stir the strings / rouse the winds perform the symphony sound the notes we first hear naming us at birth

remind us again the story of the seasons
days the sun traverses
how the moon quivers through the leaves
mercury messages
venus beautifies
mars excites
jupiter brings abundance

saturn's lock and key how uranus came to us with enlightenment neptune with romanticism pluto the existential epoch bring us close

#### the heavens

before we connected the stars
gave them names and stories
before we'd forgotten how personal our planet
enchanted the world
entwined our minds with Earth
we gazed out from our campfires
revered Nature
saw the Divine within
thought a falling star sacred

and God may have been a woman

an omni-present Benevolent
She would have helped us understand the miracle of birth
hinted at the pattern beneath the puzzle pieces of our days
reminded us we're never alone
Hers a story of never losing one another
even after death

words can become disconnected
from what they were originally meant to refer to
down the fork in the pathway our story took
the idea of a separate-self gained ascendancy
this ego narrative legitimized powering over one another
taking more — servitude / class / slavery / war

as patriarchy took hold
displacing earlier matriarchal cultures
men identified God as male and separate from Nature
a transcending Power / a Supreme Being
omniscient / omnipotent
the Force enabling a de-animated / Theory of Everything world
a world no longer minded / no longer sacred

in some minds God remained personal
became the eternal Father in a Heaven removed
yet promised us after death
the One who called the cosmos into existence
on whom all things depend for subsistence
Someone we could thank for the wonder
beseech for help — especially when all else fails
for he was capable of controlling everything — even the weather
for some G-d could have no name

placing faith in the narrative —

God the subject / the world his object

made it easy for us to accept things as they were

for if God didn't like what was going down

he'd surely have put a stop to it — long ago

and since he didn't...

some even said our earthly hierarchies

the economic / political / social inequities that violence had wrought mirrored the structure of heaven itself

rare the religion that positions itself against the prevailing order

God's presumed approval of conditions

sanctioned the existent moral code

gave permission for a privileged class

support for wars

fear of His possible revenge and anger

plus the raw violence enforcing the social order

guaranteed adherence until the eighteenth century

when we recognized that could not be the whole story

two world wars and unimaginable technology later decades after Time declared that God is dead

well into the post-modern era

we're able to read the tapestry our ancestors wove differently ask new questions

what are the guarde

what can the quarks tell us

what does the altruism of the organelles represent

there may never have been the need for arguments

whether God does or doesn't exist

from the skyscraper temples to the coffeeshops of the holy

our minds are free to choose

if God is love as the evangelist taught

everyone knows what love looks like

none need proof of our need for love

no proof when we feel love around us

# hymn to an hibiscus

thank you holy hibiscus supernova garden star for your crêpe paper exuberance rain fragile petal faces pollen sprinkled elegance

your paradisal presence budding intricacies held by the bouquet of your adoring leaves reach out / invite every passing eye one can only guess the happiness you have in mind

#### world and mind

would that we knew how mind works
what we once called our soul now call our mind
might be
how far a single thought can reach
who stirs our dreams
leaves traces of infinity

how with an act of will we shape the next moment collapsing the infinite possibilities available into a train of thought stream of sensuality river of emotion opening for an intuition

would that we more deeply understood how Consciousness and the world entwine how brains create a thought's duration how micro-choices cascade upward forming full fledged stories / actions

without dialogue — none can know another's mind no one knows what brings us together we do know our Consciousness doesn't depend on any pre-existing concepts we explain to ourselves who we think we are (the idea of a separate-self for example) only after the fact of being aware

we also know we can be mistaken told half-truths / be deceived / misled the same vein of freedom that enables progress / evolution / love makes our own and others' error possible

## thought experiment

suppose we were to unravel our narratives
unpack the storytelling residing at the root of our problems
analyze the thinking underlying the dominant patterns of our culture
expose the assumptions
uncover the premises
trace the pathway we've been on back
back before any human exerted coercive power over another
before we looked on Earth as other than our home

envision replacing identity based on separation with an idea of self informed by relationship connection / belonging / helping one another alternative narrative to the ego-idea appearing everywhere love your neighbor as you love yourself discourse strategies for mental liberation

free Consciousness-raising tools / mindfulness apps

guided meditations / yoga practice / enlightenment lectures sensitivity training courses / social courtesy workshops

downloadable easy-to-follow fun courses

in reasoning and logic

histories by qualified historians — that wouldn't be boring tell-all memoirs / autobiographies / confessions / admissions

imagine a proliferation of inspired art / music / literature

honesty / beauty / kindness promoted

those of us with resources realizing that we want to do this

want to give / want to love / be loved

end the taking and allocating of the common wealth

for private gain and display

that everyone being happier means just that everyone

everywhere educating ourselves

a desire to grow met with equally powerful waves of information

an atmosphere of hope / encouragement

interrogating how we're constructing masculinity

how we've been linking it with violence

bringing homophobia out of the closet

acknowledging racism / breaking it down

divesting ourselves of the privilege it bestows

recognizing its role in upholding the ego narrative

#### forgiveness

a pandemic of highly contagious love

a full scale investment in the greater good

people disengaging from violent video games / TV shows / movies / sports

no more demand for pornography

computer viruses a thing of the past

people melting their guns into iron girders for bridges

everywhere a reaching out

privately funded and government sponsored social programs

feeding the hungry / sheltering the homeless

providing meaningful labor and fair compensation for everyone

a truly United Nations

task forces tackling the various climate change challenges

a never seen before returning of wealth

from the cyber advanced nations to the Majority World

each of us like a star in our microtheaters

precipitating a new responsibility / a planetary psychological phenomenon

collectively leaving behind fears / prejudices / age-old hatreds

people speaking out / people voting

democracy strengthening / maturing

everyone bringing what gift they can

the world fast tracking toward Peace on Earth

# happier

but could that make us happier happier than the thriving portfolio BMW luxury box dinner happier than first class

few would deny how mountains can inspire
a sunset invoke thoughtfulness
a starry sky enchant / the ocean captivate
coincidence / synchronicity / a poetry can conspire
dream and mystery court us

we know what a smile portends what laughter means we know how we feel when we try to make someone happy how it feels when others make us happy generosity and courage move us

in addition to experience
millennia of myths / religious and spiritual narratives
describe us as belonging
prescribe a love that resonates with what we've learned about ourselves
about matter
about the cells that make us up
about our social and psychological needs
most hold out the promise of the world turned happiness
a messianic age / second coming / return of the prophet
the way / paradise

in answer to the question
would it make us happier
we might confidently wager — put in all our chips
creating a phase transition from the ego narrative into love
would make us happier than anything

pathways can appear at a pathway's end our world would seem to call to us inviting to a deeper happiness

# ghost

goodness unbanished reaches beyond itself enters the realm of the invisible moves among us

its spirit entwines our thinking unlocks minds 'neath night skies spellbinds at the sea turns worlds inside out it can appear in apparitions deer and baby sparrows you can sense its presence in your best love's eyes

it waits in unexpected places never wearies calling step outside failing narratives to an in-between where the human spirit grows

#### anymore

everyone wants love but no one can compel someone else to feel it love can never be coerced no one can force another to do the loving thing consider the eighteenth century economic and political changes the revolutionary efforts to force the privileged to share power with the majority equality before the law

every claim

each demand for human rights down through the centuries the abolition of slavery / universal suffrage child labor laws / the forty hour work week a living wage / desegregation a Jewish Homeland with fairness for the Palestinians a woman's control over her own body each met with fierce resistance obstruction and violence at every step

when concessions were made but not freely given efforts were underway even before justice was served to take back what would have been gained thus blocking progress ensuring a future locked in conflict

we're actually better than that at solving problems

we've come a long way historically scholars pour over the documents we know what's keeping us from changing the reality creating a sustainable relationship with our planet living in Peace and Justice with one another what's holding us back from fulfilling our dreams / our possibility rests not outside us

#### interlude

it might have been missing information possibly a lack of aptitude or simply confusion whatever the explanation

throw yourself off the cliff it's said the devil said angels are sure to catch you

#### the numinous

if each of us were driven by a commitment to the common good we could invite the unfathomable transform our microtheaters evolve new relationships with one another with Earth with every life form here doing whatever we could to unmask the world the sky would break open

away from a time unprecedented / unbelievable
disdain for the rule of law
attacks on the integrity and freedom of the press
silence in the face of corruption and falsehood
away from encouragement of prejudices
sexism / racism / nationalism
insensitivity to one another's hurt / needs / feelings
away from bullying / saber-rattling
everything we didn't want to be

to a time of putting away our weapons turning the other cheek hammering our swords into plowshares sheltering the homeless not one child hungry the lion laying down with the lamb when we would be most ourselves

#### about seven miles in

leaving the shadows emerging from the woods the river quickens sparkling in the late morning sun its rippling surface betrays its depths the rush grows louder the closer to its cascading over a series wide stone slabs imperfectly placed descending steps into a mosaic of falls